



Risk Assessment

IMS Form048
Issue 01 Dated Oct 2020

Operation / Task:	Sun Protection	Name of Assessor:	Rhys Milton
Assessment Ref:	RA015	Date of Assessment:	02.01.2024
Persons at Risk:	ASW Employees	Reviewed by	<i>R. Milton</i>
Location / Area:	ASW Health and Safety Assessment 2024	Review date	31.12.2024

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1	Working in hot conditions / exposure to the sun	Sun Burn	Too much exposure to UV light can make skin red and painful, which can later lead to peeling or blistering				Keep the amount of skin exposed to the sun to a minimum - full length trousers, short sleeved polo type shirt as a minimum. Apply appropriate sun block cream to exposed areas i.e. face, neck, arms and hands. Modify working practices to minimise working in the sunlight. (Early morning start. Longer lunch time, later finish time or job rotation).				
		Skin Cancer	One of the most common cancers in the world. Non-melanoma skin cancer refers to a group of cancers that develop in the upper layers of the skin				Check any moles regularly, if they start to itch, grow, change shape, weep or bleed, seek urgent medical attention. Useful information and resources can be located here: http://www.sunsmart.com.au/ All workers to make regular checks of their skin to look for early signs of skin cancer.				
		Dehydration	Water loss in the body upsets the balance of minerals, which affects the way that it functions.	4	5	20	Drink plenty of water without flavourings or very weak dilutions avoid drinking excessive amounts of alcohol in the evening as this will cause dehydration the next day.	1	5	5	
		Heat Exhaustion	Heat exhaustion is where a person experiences fatigue (extreme tiredness) as a result of a decrease in blood pressure				Keep doors and windows open wherever practicable, seek the shade during breaks, wear loose lightweight clothing, take more breaks.				
		Heat Stress leading to Heat Stroke	Heat stress occurs when the body becomes dehydrated and is unable to cool itself. If left untreated, this can lead to heatstroke – a life threatening medical emergency				Drink plenty of water without flavourings or very weak dilutions avoid drinking excessive amounts of alcohol in the evening as this will cause dehydration the next day. Take regular breaks. If any signs of Heat Stroke (fast pulse/ unconsciousness/ nausea/ headache/ seizure/ dizziness), treat as medical emergency.				

